

ABSTRACT OF THE DISCLOSURE

[0043] An insole for footwear comprises a footbed having an upper surface and a lower surface, with a raised arch support portion on the upper surface of the footbed capable of supporting a longitudinal arch and a transverse arch of a human foot. The shape of the insole can generally correspond to the shape of a plantar surface of the human foot, thereby providing support to substantially the entire plantar surface of the foot.

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